

According to CBS news since 2020 began one black person is killed every week in the U.S. Since the Black Lives Movement began I have been inspired to spread the news about black experiences. Currently residing in the now gentrified Independence Heights area of Houston. I experience racism on a weekly basis and even in my profession as a professor. Since The Black Lives movement began I have been a part of a non-profit called The Boedy Foundation where we host a slam poetry show and all proceeds are donated to African American families an organization designed to raise awareness for the hardships within African American communities. In addition since the George Floyd killing in May 2020 as a spoken word poet I have been a part of several performances in front of The George Floyd memorial raising awareness and inspiring future generations to become more involved in being a part of law enforcement and establishing community policing with police officers protecting communities that look like them. My husband and I have established two businesses within the past year. One business is a publishing company called DA GOOD GOD that prides and purposes itself in assisting African American people with publishing their stories through narrative writing, science fiction, poetry, spiritual enlightenment and children's books. At this time we have published over 12 contract books since the start of our business in June 2019. In addition I am inspired by my own personal experiences with suffering from anxiety and depression to assist African American people in counseling. So we established Ministry is Life Christian Counseling Services to assist many people including minorities to end Post Traumatic Stress Disorder obtained from systemic racism in this country and so many cultural biases and expectations that we face every day that causes minority people to be more apt to be depressed and anxious.