

# Available now in Macmillan Learning's ACHIEVE Introductory Psychology Video Collection

**AVAILABLE NOW IN ACHIEVE**, this extraordinary collection features over 100 new clips from high-quality sources—classic and contemporary—as well as engaging original content. It's a remarkably diverse and relevant resource, developed in partnership with a faculty and student advisory board.



Understanding Racial Trauma

## INTRODUCTORY PSYCHOLOGY VIDEO COLLECTION

encompasses such captivating topics as:

- COVID and stress
- The latest Alzheimer's research
- Loneliness & the brain
- Racial trauma & racial bias
- Online dating
- Gender identity
- The APA's Introductory Psychology Initiative

Videos are closed-captioned with warnings for sensitive content, and each clip includes assignable assessments with results reporting into the Achieve gradebook.

[A complete listing of video collection contents follows >>>](#)

# Introductory Psychology Video Collection

\* = New to the collection

## Introduction to Psychology

- Alzheimer's Research Within Families\*
- Applying the Scientific Method to Psychological Research
- Correlation and Causation
- Critical Thinking
- Industrial-Organizational (I-O) Psychology: Psychology in the Workplace
- Research Methods
- The History of Psychology
- Understanding Psychology's Integrative Themes
  - IPI Theme A
  - IPI Theme B
  - IPI Theme D
  - IPI Theme E
  - IPI Theme F
  - IPI Theme G
- What is Psychology?

## Biology, Behavior, and Mind

- Animation Functional Imaging Techniques
- Animation: Ion Flow Parts 1-4
- Animation: Neuroimaging Techniques 1 and 2
- Animation: Sensory Motor Cortex Parts 1 and 2
- Animation: Signal Transmission Parts 1-3
- Animation: Split Brain Functioning Parts 1-3
- Animation: Synaptic Activity Parts 1-3
- Brain and Behavior: Phineas Gage Revisited
- Brain Plasticity: Rewiring the Visual Cortex
- Epigenetics and the Curious Journey into Education\*
- TedTalk: Wendy Suzuki: The Brain-Changing Benefits of Exercise\*

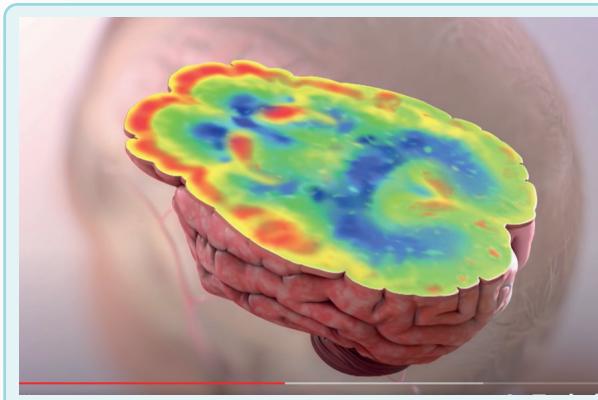
The Case Study of Phineas Gage\*

The Central Nervous System: Spotlight on the Brain

The CTE Diaries

Chronic Traumatic Encephalopathy (CTE): A Growing Problem\*

The Split Brain: Lessons on Language, Vision, and Free Will



## Consciousness

- Attention
- Hallucinations: Causes and Experiences\*
- Hypnosis\*
- Indigenous People Overrepresented in B.C. Overdose Deaths\*
- Mental Health and Addiction\*
- Sleep and the Immune System\*
- Sleep: Why We Sleep
- TedEd: Is Marijuana Bad For Your Brain?\*
- The COVID-19 Pandemic and the Opioid Epidemic Collide\*
- The Health Impact of Taking a Nap\*
- The Link Between Sleep and Obesity\*

The Opioid Epidemic\*

Visual Attention: Piecing Things Together

Why Are More Women Dying from Alcohol Use?\*

Why is Attention Important?\*

## Nature, Nurture, and Human Diversity

- A Masculinity Challenge in Nigeria
- Alcohol-Facilitated Sexual Assault in Indian Country Services and Support for Victims\*
- Behavioral Genetics
- Challenging Toxic Masculinity\*
- Gender Neutral Parenting: Why Shouldn't Our Sons Wear Dresses?
- Gender Specific Toys\*
- Genes and Personality
- Is Gender Identity Biologically Hard-Wired?
- My Trans Life: A Transgender Couple\*
- Sexism and the English Language
- The National Texas Transition
- Twin Study

## Developing Through the Lifespan

- Adulthood: Physical Changes Animation
- Animation: Fetal Development
- Can Trauma be Inherited?\*
- Can Young Children Delay Gratification?
- Charles Nelson: Toxic Stress in Children\*
- Childhood Anxiety and Parenting\*
- Childhood Trauma\*
- Childhood Trauma Impacts Millions of Americans, and it's Having Devastating Consequences\*

## Cognitive Development

Cognitive Development in Childhood: Piaget's Conservation-of-Liquid Task: 5 1/2-Year-Old Fails  
Cognitive Development in Childhood: Piaget's Conservation-of-Liquid Task: 7 1/2-Year-Old Passes  
Cognitive Development in Childhood: Piaget's Conservation-of-Number Task: 4 1/2-Year-Old Fails  
Cognitive Development in Childhood: Piaget's Conservation-of-Number Task: 5 1/2-Year-Old Passes  
COVID-19 and Kids: Remote Learning\*  
COVID-19 and Older Adults: Finding Humor in Isolation\*  
Exercise and Happiness\*  
Food Insecurity\*  
Harlow's Studies on Dependency in Monkeys  
Moral Development: Kohlberg's Heinz Dilemma  
Moral Thinking and Emotion: A Challenging Dilemma  
Physical Activity Increases Brain Tissue\*  
TedTalk: Dan Gilbert on the Psychology of Future Self\*

## Sensation and Perception

Animation: Sound and Sound Localization Parts 1 & 2  
Animation: Sound and the Cochlea Parts 1-3  
Face Blindness and How Our Minds Process What We See\*  
Hearing: From Vibration to Sound  
How a VR Roller-Coaster Ride Helps Kids in Hospitals\*  
How Do We Hear?  
Our Senses  
Perception: What is the Present\*  
Sensation and Perception  
Using Meditation and Yoga to Relieve Chronic Pain\*  
Vision: How We See

## Learning

Albert Bandura  
Classical Conditioning: Pavlov and His Legacy  
Contingency Learning in Young Infants

John Watson and Rosalie Rayner's Little Albert Experiment, 1919  
Observational Learning of Aggression: Bandura's Bobo Doll Study  
Operant Conditioning: Learned Behaviors  
Pavlov's Discovery of Classical Conditioning

## Memory

A Pill for Forgetting  
Alzheimer's and the Brain\*  
An Amazing Memory  
App for Memory Loss\*  
Daniel Schacter: The Seven Sins of Memory\*  
Enhancing Memory: The Role of Emotion  
How Exercise Can Improve Your Memory\*  
How Reliable is Your Memory?  
Human Factors in Wrongful Convictions\*  
Memory and Alzheimer's Research\*  
Memory and Music\*  
Memory Retrieval  
Models of Memory  
Neuroscience Research with Sea Slugs\*

## Thinking and Language

How Intelligent Are Animals?  
Learning Through Visualization: A Gymnast Acquires New Skills  
Neuroscience and Language\*  
TedTalk: Dan Gilbert: Why We Make Bad Decisions\*  
Decision Making

## Intelligence

Can 'Cultural Proficiency' Among Teachers Help Close the Student Achievement Gap?\*  
Interview with Ellen Winner  
Understanding Intelligence

## Motivation

Body Shaming  
Conquering Loneliness in a Lonely World\*  
Dark Side of Social Media\*  
Human Sexuality  
Hunger and Eating  
Jean Twenge: Smartphones are Raising a Mentally Fragile Generation\*  
Obesity Guidelines Move Away From Focus on Weight Loss\*  
Screen Time: How Much is Too Much\*  
Study: COVID-19 Isolation Didn't Significantly Boost Loneliness\*  
Ted Talk: Angela Lee Duckworth: Grit: The Power of Passion and Perseverance\*  
TedTalk: Peggy Orenstein: What Young Women Believe About Their Own Sexual Pleasure\*  
TedTalk: Tiq Milan and Kim Katrin Milan: A Queer Vision of Love and Marriage\*

## Emotions, Stress, & Health

COVID-19 and Stress in Teens\*  
Emotions and Facial Expression  
Inspector General: Migrant Children Experienced Trauma At Facilities\*  
Self-Regulation in Kids\*  
Stress Management: The Relaxation Response  
TedTalk: Dan Gilbert: The Surprising Science of Happiness\*  
TedTalk: Tarana Burke: Me Too is a Movement, Not a Moment\*  
The Placebo Effect and Traditional Healing\*  
The Upside of Stress\*  
Using Technology to Address Racial Disparities in Health Care\*  
What Is Emotion?  
What Is The Secret Of Happiness: The School of Jessica Kellgren-Fozard\*

Why More Choices Don't Make You Happy\*

Would \$100 Million Make You Happy?\*

Zoom Fatigue is Real\*

## Personality

Psychodynamic Theories of Personality

The Life and Work of Elliot Aronson

The Upside of Social Media Narcissism\*

Trait Theories of Personality

What Would Freud Make of our Obsession with Selfies?\*

## Social Psychology

Advocates Discourage Anti-Black Sentiment

Amid Violence Against Asians\*

Navigating the Dating Scene During the Pandemic\*

Hate Incidents Renew Discussions About Perception of Asian Americans\*

Healthy Talk About Racism\*

Hidden Prejudice: The Implicit Association Test

How Bad is Cyberbullying?\*

How Online Dating is Affecting Society

How Texas Gun Owners Feel About Background Checks and Red Flag Laws\*

How to Talk with Kids About Race\*

Mapping Global Gun Violence\*

Prejudice

Prejudice Against LGBTQ People

Racial Bias and Facial Recognition Software\*

Codependency: When Relationships Become Everything\*

States Working to Curb Biased 911 Calls\*

The Wisdom of Groups

Understanding Racial Trauma

Voices of Protest\*

Whom Do We Help?



TedTalk: Sangu Delle: There's No Shame in Taking Care of Your Mental Health\*

Teens with ADHD: More ZZZs More A's\*

Those Who Hoard

Why People Are Sending Themselves Hate Messages\*

Why Diet Might be a Big Deal for Mental Health\*

Why Do Depression and Anxiety Go Together?\*

## Psychological Treatments

Can Cannabis Help Mental Illness?\*

City of Gheel: Community Mental Health at Its Best

Cognitive Therapies

Could Smartphones Spot Teen Depression?\*

COVID-19, Isolation and Mental Health\*

How Black Religious Leaders Are Tackling Mental Health Disparities in the Community\*

Psychedelic Drugs are Fueling a Mental Health Revolution\*

Psychodynamic and Humanistic Therapies

Stand Up Comedy to Treat Mental Illness\*

Therapeutic Effectiveness: The Placebo Effect

Treating OCD: Exposure and Response Prevention

Why Electroshock Therapy is Back\*

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