

Available now in Macmillan Learning's **ACHIEVE**

Introductory Psychology Video Collection

AVAILABLE NOW IN ACHIEVE, this extraordinary collection features over 100 new clips from high-quality sources—classic and contemporary—as well as engaging original content. It's a remarkably diverse and relevant resource, developed in partnership with a faculty and student advisory board.



Understanding Racial Trauma

INTRODUCTORY PSYCHOLOGY VIDEO COLLECTION

encompasses such captivating topics as:

- COVID and stress
- The latest Alzheimer's research
- Loneliness & the brain
- Racial trauma & racial bias
- Online dating
- Gender identity
- The APA's Introductory Psychology Initiative

Videos are closed-captioned with warnings for sensitive content, and each clip includes assignable assessments with results reporting into the Achieve gradebook.

[A complete listing of video collection contents follows >>>](#)

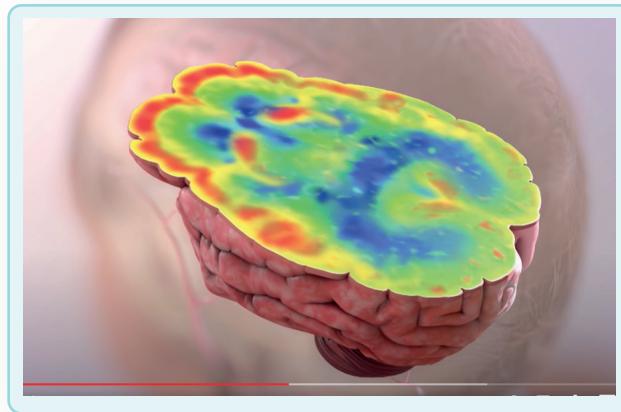
Introductory Psychology Video Collection

* = New to the collection

Introduction to Psychology

- Alzheimer's Research Within Families*
- Applying the Scientific Method to Psychological Research
- Correlation and Causation
- Critical Thinking
- Industrial-Organizational (I-O) Psychology: Psychology in the Workplace
- Research Methods
- The History of Psychology
- Understanding Psychology's Integrative Themes
 - IPI Theme A
 - IPI Theme B
 - IPI Theme D
 - IPI Theme E
 - IPI Theme F
 - IPI Theme G
- What is Psychology?

- The Case Study of Phineas Gage*
- The Central Nervous System: Spotlight on the Brain
- The CTE Diaries
- Chronic Traumatic Encephalopathy (CTE): A Growing Problem*
- The Split Brain: Lessons on Language, Vision, and Free Will



Consciousness

- Attention
- Hallucinations: Causes and Experiences*
- Hypnosis*
- Indigenous People Overrepresented in B.C. Overdose Deaths*
- Mental Health and Addiction*
- Sleep and the Immune System*
- Sleep: Why We Sleep
- TedEd: Is Marijuana Bad For Your Brain?*
- The COVID-19 Pandemic and the Opioid Epidemic Collide*
- The Health Impact of Taking a Nap*
- The Link Between Sleep and Obesity*

- The Opioid Epidemic*
- Visual Attention: Piecing Things Together
- Why Are More Women Dying from Alcohol Use?*
- Why is Attention Important?*

Nature, Nurture, and Human Diversity

- A Masculinity Challenge in Nigeria
- Alcohol-Facilitated Sexual Assault in Indian Country Services and Support for Victims*
- Behavioral Genetics
- Challenging Toxic Masculinity*
- Gender Neutral Parenting: Why Shouldn't Our Sons Wear Dresses?
- Gender Specific Toys*
- Genes and Personality
- Is Gender Identity Biologically Hard-Wired?
- My Trans Life: A Transgender Couple*
- Sexism and the English Language
- The National Texas Transition
- Twin Study

Biology, Behavior, and Mind

- Animation Functional Imaging Techniques
- Animation: Ion Flow Parts 1-4
- Animation: Neuroimaging Techniques 1 and 2
- Animation: Sensory Motor Cortex Parts 1 and 2
- Animation: Signal Transmission Parts 1-3
- Animation: Split Brain Functioning Parts 1-3
- Animation: Synaptic Activity Parts 1-3
- Brain and Behavior: Phineas Gage Revisited
- Brain Plasticity: Rewiring the Visual Cortex
- Epigenetics and the Curious Journey into Education*
- TedTalk: Wendy Suzuki: The Brain-Changing Benefits of Exercise*

Developing Through the Lifespan

- Adulthood: Physical Changes Animation
- Animation: Fetal Development
- Can Trauma be Inherited?*
- Can Young Children Delay Gratification?
- Charles Nelson: Toxic Stress in Children*
- Childhood Anxiety and Parenting*
- Childhood Trauma*
- Childhood Trauma Impacts Millions of Americans, and it's Having Devastating Consequences*

Cognitive Development

Cognitive Development in Childhood: Piaget's
Conservation-of-Liquid Task: 5 1/2-Year-Old Fails

Cognitive Development in Childhood: Piaget's
Conservation-of-Liquid Task: 7 1/2-Year-Old Passes

Cognitive Development in Childhood: Piaget's
Conservation-of-Number Task: 4 1/2-Year-Old Fails

Cognitive Development in Childhood: Piaget's
Conservation-of-Number Task: 5 1/2-Year-Old Passes

COVID-19 and Kids: Remote Learning*

COVID-19 and Older Adults: Finding Humor in Isolation*

Exercise and Happiness*

Food Insecurity*

Harlow's Studies on Dependency in Monkeys

Moral Development: Kohlberg's Heinz Dilemma

Moral Thinking and Emotion: A Challenging Dilemma

Physical Activity Increases Brain Tissue*

TedTalk: Dan Gilbert on the Psychology of Future Self*

Sensation and Perception

Animation: Sound and Sound Localization Parts 1 & 2

Animation: Sound and the Cochlea Parts 1-3

Face Blindness and How Our Minds Process
What We See*

Hearing: From Vibration to Sound

How a VR Roller-Coaster Ride Helps Kids in Hospitals*

How Do We Hear?*

Our Senses

Perception: What is the Present*

Sensation and Perception

Using Meditation and Yoga to Relieve Chronic Pain*

Vision: How We See

Learning

Albert Bandura

Classical Conditioning: Pavlov and His Legacy

Contingency Learning in Young Infants

John Watson and Rosalie Rayner's Little Albert
Experiment, 1919

Observational Learning of Aggression:
Bandura's Bobo Doll Study

Operant Conditioning: Learned Behaviors

Pavlov's Discovery of Classical Conditioning

Memory

A Pill for Forgetting

Alzheimer's and the Brain*

An Amazing Memory

App for Memory Loss*

Daniel Schacter: The Seven Sins of Memory*

Enhancing Memory: The Role of Emotion

How Exercise Can Improve Your Memory*

How Reliable is Your Memory?

Human Factors in Wrongful Convictions*

Memory and Alzheimer's Research*

Memory and Music*

Memory Retrieval

Models of Memory

Neuroscience Research with Sea Slugs*

Thinking and Language

How Intelligent Are Animals?

Learning Through Visualization: A Gymnast
Acquires New Skills

Neuroscience and Language*

TedTalk: Dan Gilbert: Why We Make Bad Decisions*

Decision Making

Intelligence

Can 'Cultural Proficiency' Among Teachers
Help Close the Student Achievement Gap?*

Interview with Ellen Winner

Understanding Intelligence

Motivation

Body Shaming

Conquering Loneliness in a Lonely World*

Dark Side of Social Media*

Human Sexuality

Hunger and Eating

Jean Twenge: Smartphones are Raising a Mentally
Fragile Generation*

Obesity Guidelines Move Away From Focus
on Weight Loss*

Screen Time: How Much is Too Much*

Study: COVID-19 Isolation Didn't Significantly
Boost Loneliness*

Ted Talk: Angela Lee Duckworth: Grit: The Power
of Passion and Perseverance*

TedTalk: Peggy Orenstein: What Young Women
Believe About Their Own Sexual Pleasure*

TedTalk: Tiq Milan and Kim Katrin Milan:
A Queer Vision of Love and Marriage*

Emotions, Stress, & Health

COVID-19 and Stress in Teens*

Emotions and Facial Expression

Inspector General: Migrant Children Experienced
Trauma At Facilities*

Self-Regulation in Kids*

Stress Management: The Relaxation Response

TedTalk: Dan Gilbert: The Surprising Science
of Happiness*

TedTalk: Tarana Burke: Me Too is a Movement,
Not a Moment*

The Placebo Effect and Traditional Healing*

The Upside of Stress*

Using Technology to Address Racial Disparities
in Health Care*

What Is Emotion?

What Is The Secret Of Happiness:
The School of Jessica Kellgren-Fozard*

Why More Choices Don't Make You Happy*
Would \$100 Million Make You Happy?*
Zoom Fatigue is Real*

Personality

Psychodynamic Theories of Personality
The Life and Work of Elliot Aronson
The Upside of Social Media Narcissism*
Trait Theories of Personality
What Would Freud Make of our Obsession with Selfies?*

Social Psychology

Advocates Discourage Anti-Black Sentiment
Amid Violence Against Asians*
Navigating the Dating Scene During the Pandemic*
Hate Incidents Renew Discussions About Perception
of Asian Americans*
Healthy Talk About Racism*
Hidden Prejudice: The Implicit Association Test
How Bad is Cyberbullying?*
How Online Dating is Affecting Society
How Texas Gun Owners Feel About Background
Checks and Red Flag Laws*
How to Talk with Kids About Race*
Mapping Global Gun Violence*
Prejudice
Prejudice Against LGBTQ People
Racial Bias and Facial Recognition Software*
Codependency: When Relationships Become
Everything*
States Working to Curb Biased 911 Calls*
The Wisdom of Groups
Understanding Racial Trauma
Voices of Protest*
Whom Do We Help?



Psychological Disorders

Anxiety Disorders
Attempting Suicide: Case Studies
Child Anxiety Disorder: Clinical Features and Treatment
COVID-19 and Mental Health in Young Adults*
Dealing with Anxiety*
Depression
Eating Disorders in the LGBTQ Community*
4 Common Misconceptions about OCD*
Hallucinations: Clinical Picture and Impact
Ian Gotlib: Teen Depression and Brain Studies*
John Nash: "A Beautiful Mind"
Men, Mental Health, and Ending the
"Man Up" Mentality*
Pressures on Young People from Social Media*
Postpartum Psychosis: The Case of Andrea Yates
Protesting May Impact Mental Health*
Rise in Social Media Sites That Encourage Those
With Anorexia to Starve Themselves*
Schizophrenia
Schizophrenia: New Definitions, New Therapies
Social Anxiety Disorder: Clinical Features and Treatment
Suicide and Self-Injury*
TedTalk: Alix Generous: How I Learned to Communicat
my Inner Life with Asperger's*

TedTalk: Sangu Delle: There's No Shame in
Taking Care of Your Mental Health*
Teens with ADHD: More ZZZs More A's*
Those Who Hoard
Why People Are Sending Themselves Hate Messages*
Why Diet Might be a Big Deal for Mental Health*
Why Do Depression and Anxiety Go Together?*

Psychological Treatments

Can Cannabis Help Mental Illness?*
City of Gheel: Community Mental Health
at Its Best
Cognitive Therapies
Could Smartphones Spot Teen Depression?*
COVID-19, Isolation and Mental Health*
How Black Religious Leaders Are Tackling
Mental Health Disparities in the Community*
Psychedelic Drugs are Fueling a Mental Health
Revolution*
Psychodynamic and Humanistic Therapies
Stand Up Comedy to Treat Mental Illness*
Therapeutic Effectiveness: The Placebo Effect
Treating OCD: Exposure and Response Prevention
Why Electroshock Therapy is Back*

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