

# Academic Engagement

## Description

Productive involvement with an academic activity is at the core of academic engagement. This includes both observable and unobservable qualities of student interactions with learning activities. Engagement is multidimensional including (but not limited to):

**Behavioral:** involvement in academic tasks and class-based activities including effort, persistence, attention, concentration, and help-seeking.








**Cognitive:** self-regulating, setting learning goals, persisting on challenging tasks.

**Emotional:** positive emotional reactions to teachers, peers, and classroom activities, as well as valuing learning and having interest in the learning content

## Why is this important?

Engagement is critical to academic success. Without engaging in an academic activity behaviorally, cognitively, or emotionally, the likelihood of employing the behaviors, strategies, and motivation necessary for learning and success decreases significantly. Higher engagement has been related to class attendance, course performance, cumulative GPA, and eventual graduation in higher education.

## Implementation Examples

In-class polling		
Attendance trackers		
Student focus trackers		
Content for flipped classroom		
Gamification or game-based learning		
Adaptive learning		
Goal setting and reflection		
Formative practice assessments		

available in



\*in select courses

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## Practical Applications

- ✓ Encourage attendance, as absenteeism can have detrimental effects on engagement
- ✓ Give students choice or autonomy in learning experiences
- ✓ Create learning environments that allow for more interactions with peers and instructors
- ✓ Implement typical elements of a game (e.g., points, badges, etc.) in the learning environment
- ✓ Teach and encourage self-regulated learning practices